2019 KDL Seed Difficulty List



Easy-to-Save Seeds

These are self-pollinating plants and rarely cross-pollinate by themselves. They need little or no separation between varieties, so you can grow different varieties and still easily save true seeds!

Fruits	Vegetables	Flowers	Herbs
• Eggplant	• Bean	• Love-in-a-Mist	• Anise
Ground Cherry	Cat Grass	Love Lies Bleeding	• Borage
• Pepper	• Pea		• Catnip
• Tomatillo	Soybean		• Chamomile
• Tomato	Wheatgrass		

Medium Difficulty Seeds

These are out-breeding plants, so varieties within the same species must be separated to avoid unwanted cross-pollination. Check with your neighbors about the varieties of plants they are growing!

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Fruits	Vegetables	Flowers	Herbs
• Cucumber	Artichoke	African Daisy	• Basil
Gherkin	Arugula	Amaranth	Chervil
• Gourd	• Celery	• Aster	• Chives
• Melon	• Corn	Bachelor's Button	• Cilantro
• Okra	• Cress	Bellflower	• Cumin
• Pumpkin	Endive	Black-Eyed Susan	• Dill
• Squash	• Fennel	Calendula	• Epazote
Watermelon	Huckleberry	California Poppy	• Hyssop
• Zucchini	• Leek	Cardinal Climber	• Lavender
	Lettuce	• Cleome	• Lemon Balm
	• Mache	• Coleus	 Oregano
	Pac Choy	 Columbine 	• Parsley
	Radish	• Cosmos	• Salvia
	• Rhubarb	Cottage Pinks	• Savory
	• Spinach	• Cypress Vine	• Shiso
	• Watercress	• Dahlia	• Sorrel
		Delphinium	• St. John's Wort
		• Firmament	• Stevia
		Four O'Clock	• Tarragon
		 Foxglove 	• Thyme
		• Grass	 Wormwood
		Helenium	
		Hollyhock	
		• Lavatera	
		• Linaria	
		• Lobelia	
		• Lupine	
		Marigold	
		Mexican Sunflower	
		 Milkweed 	

Fruits	Vegetables	Flowers	Herbs
		 Moonflower 	
		Morning Glory	
		Nasturtium	
		Painted Tongue	
		• Penstemon	
		 Poppy 	
		Portulaca	
		• Primrose	
		• Scabiosa	
		Strawflower	
		 Sunflower 	
		Sweet Pea	
		Sweet William	
		Verbascum	
		• Verbena	
		• Zinnia	

Advanced Difficulty Seeds

These are also out-breeding plants that must be separated, and require 2 years to produce seed (biennial).

Fruits	Vegetables	Flowers	Herbs
none	• Beet	Cat's Whiskers	none
	Broccoli		
	Brussels Sprouts		
	• Cabbage		
	• Carrot		
	Cauliflower		
	Collard Greens		
	• Greens (other)		
	Kale		
	Kohlrabi		
	Mustard Greens		
	Mustard Spinach		
	Onion		
	• Parsnip		
	 Rutabaga 		
	Swiss Chard		
	Tatsoi		
	Turnip		

For more details, visit <u>www.seedsavers.org</u> and <u>www.highmowingseeds.com</u>!