

Bath Time with Babies

Play with your baby

- Lightly tickle your baby with a feather, cotton ball or other textures to increase sense of touch.
- After bath time, gently massage your baby's arms and legs with lotion while talking, singing or saying a rhyme.
- In the tub, sing as you wash your baby. "This is the way we wash your hair, wash your hair, wash your hair. This is the way we wash your hair, I love you!"

Talk and rhyme with your baby

Rub-a-dub-dub
Three men in a tub
Who do you think they be?
The butcher, the baker, the candlestick maker
And little babies, three!



Sing with your baby

Sing to the tune of "Row, Row, Row Your Boat" while bathing your baby:

Kick, kick, kick your legs
Kick them all the time
Merrily, merrily, merrily, merrily
Kick them all the time!

Clap, clap, clap your hands
Clap them all the time
Merrily, merrily, merrily, merrily
Clap them all the time!