

Family Time with Babies

Play with your baby

- Play “This Little Piggy.”
- Play “Peek-a-Boo” with a small blanket or scarf.
- Dangle a soft toy in front of baby and talk about it.
- Copy the babbling sounds your baby makes.
- Play action games with your baby.
- Show how to wave bye-bye, clap or wiggle fingers. Soon your baby will copy your actions.

Talk and rhyme with your baby

While baby is lying down, move baby’s legs up and down by holding each foot and repeat this rhyme:

*Motorboat, motorboat goes so slow
Motorboat, motorboat step on the gas,
Motorboat, motorboat goes so fast! WRRROOOOOM!*

Play with clapping. Hold your child’s hands, clap together, and say this rhyme:

*Clap, clap, clap your hands,
Make a pretty sound.
Clap, clap, clap your hands,
Now you put them down.*

Sing with your baby

You are my sunshine, my only sunshine
You make me happy when skies are gray
You'll never know dear, how much I love you
Please don't take my sunshine away.

