

Traveling with Babies

Play with your baby

- While driving, talk to your baby about what you see out the window and where you are going.
- Keep board books or cloth books in your baby's car seat.
- Sing to your child and listen to comforting music while driving.
- When your baby is babbling, copy the sounds back.

Talk and rhyme with your baby

Sing to the tune of "Mary Had a Little Lamb:"

(Child's name) had a little car, little car, little car

(Child's name) had a little car

And the horn went beep, beep, beep!

Make up more verses, such as:

- Wipers go swish
- Lights go blink
- Wheels go round

Sing with your baby

The wheels on the bus go round and round;
Round and round; round and round.

The wheels on the bus go round and round,
all through the town.

(Roll hands around each other)

The wipers on the bus go swish, swish, swish;
Swish, swish, swish; swish swish, swish.

The wipers on the bus go swish, swish, swish;
all through the town.

("Swish hands in front of you like windshield
wipers)

