



# COUNT

## GROUP AND COMPARE



## Food Sort

Cut out pictures of food from magazines or from the packaging of food you use at home (cereal boxes, macaroni and cheese, etc.). Give your child some empty paper plates. Have your child "sort" the food into groups (vegetables, fruits, meat) or by color. Count how many of each "group" you have, write the number on the paper plate and glue the food on.

### What this is teaching:

- a) Your child is learning to differentiate between types of foods and colors.
- b) Your child is counting the pictures. Having something physical to count helps your child understand the connection between a number and "how many" make that number.
- c) Your child is making the connection between the written number and how many items are on the paper plate.

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SUCCESS BASICS