



LOVE

MAXIMIZE LOVE
MANAGE STRESS



KENT COUNTY
success
starts
early

SUCCESS BASICS

The Gratitude Game

Take a pack of colored straws or a handful of pompoms. Assign each one a category; red for person, yellow for place, green for thing, blue for food and purple for your choice. As you pick up the straw or pompom, say something you're thankful for in that category!

What this is teaching:

- a) Your child is learning to appreciate the people and things in their life.
- b) Your child is learning to attach value to people and experiences.
- c) Your child is learning to express love through talking to family members.

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