



# PLAY

EXPLORE THROUGH  
MOVEMENT AND PLAY



KENT COUNTY  
success  
starts  
early

SUCCESS BASICS

## Movement Die

Take a die and assign a movement to each number. For example:

- 1: Jump up and down
- 2: Crouch on the floor
- 3: Clap your hands
- 4: Sit down
- 5: Run in place
- 6: Touch your toes

Roll the die and move according to the number rolled.

### What this is teaching:

Your child will practice counting, coordination and direction-following.