



# PLAY

EXPLORE THROUGH  
MOVEMENT AND PLAY



KENT COUNTY  
success  
starts  
early

SUCCESS BASICS

## Obstacle Course

Using blankets, pillows, boxes or other household items, create a simple obstacle course. Try using location words, such as "over," "through," and "under," when talking about moving through the course.

### What this is teaching:

Your child will practice fine and gross motor skills, sequencing and memory, coordination and sensory information.