Bath Time with Preschoolers





Play with your preschooler

- While your child is taking a bath, put different objects in the water -- like a sponge or a ball -- and make guesses if they will sink or float.
- With no-tear shampoo, create crazy hairstyles and take a picture.
- Use rubber letters that stick to the tub walls to spell out names and words.
- Put an ice cube in the warm bath water and watch it melt away.

Talk and rhyme with your preschooler

Tea for two in the tub!

Here's a cup (make fist with one hand)

And here's a cup (make fist with the other hand)

And here's a cup of tea (stick out thumb of one hand)

Pour a cup (pour motions)

Pour a cup and have a cup with me! (pretend to drink)



Sing with your preschooler

Five little speckled frogs Sat on a speckled log

Eating some most delicious bugs.

YUM! YUM!

One jumped into the pool,

Where it was nice and cool,

Now there are four green speckled frogs!

GLUB! GLUB!

(Count down to four, three and two frogs)

One little speckled frog

Sat on a speckled log

Eating some most delicious bugs.

YUM! YUM!

He jumped into the pool,

Where it was nice and cool,

Now there are no green speckled frogs!