

# Outside with Preschoolers

## Play with your preschooler

- Look up in the sky and see what kinds of shapes the clouds make.
- Talk about the weather and help your child decide what to wear.
- Take a nature walk and gather treasures along the way.
- Play ring around the rosie, tag, hide and seek, and hopscotch.
- Search outside for a variety of rocks and sort them by size, color and texture.
- Play jump rope and practice rhymes.
- Plant a garden or an indoor plant together so your child can watch it grow.

## Talk and rhyme with your preschooler

Recite this rhyme, beginning with your hand clenched into a fist:

This is the beehive, where are the bees?

Hidden away where nobody sees.

Watch, and you'll see them come out of the hive,

One, two, three, four and five!

## Sing with your preschooler

The ants go marching one by one, hoorah hoorah

The ants go marching two by two, hoorah hoorah

The ants go marching three by three, the last one stops to climb a tree

And they all go marching down, to the ground, to get out, of the rain.

