

Bath Time with Toddlers

Play with your toddler

- Make silly faces in the mirror with your child.
- Fill the bathtub with measuring cups, a spatula, plastic spoons or other safe kitchen utensils for filling, pouring and mixing.
- While your child is in the bathtub, blow bubbles to clap and pop.

Talk and rhyme with your toddler

While bathing your child, say and act out this poem:

Here comes the rain - splash, splash, splash (Splash the tub water)

Here comes the rain - drip, drip, drip (Drip little drops of water on your toddler)

Here comes the rain - pitter, patter (Flick your fingers in the water)

Get my sweetie clean all over (Wash your toddler with a washcloth)

Sing with your toddler

Sing to the tune of “Here We Go Round the Mulberry Bush”
while bathing your child:

This is the way we wash our hair
Wash our hair
Wash our hair
This is the way we wash our hair
So early in the morning
(Repeat with all the parts to wash as you sing.)

