

Outside with Toddlers

Play with your toddler

- When out taking a walk, show your child how to listen to and copy sounds around you.
- Show your child his shadow and how fun it can be to play with.
- Help your child write letters and draw pictures with sidewalk chalk.
- Make mud pies with your child or play in the sand.
- Go on a bug hunt and talk about insects. Worms and caterpillars are wiggly, spiders spin webs, bees make honey - and can sting.

Talk and rhyme with your toddler

Using your hands, say this rhyme together:

Five little robins up in a tree
Father (touch child's thumb)
Mother (touch child's index finger)
And babies three. (touch other three fingers)



Sing with your toddler

It's raining, it's pouring
The old man is snoring.
He went to bed and he
Bumped his head
And he couldn't get up
In the morning.

Sing to the tune of "Three Blind Mice:"
I love snow, I love snow.
Soft white snow, soft white snow.
It falls on the ground so soft and white.
Sometimes it falls all through the night.
Did you ever see such a beautiful sight
As soft white snow?