

PHONE SUPPORT LINES CONTINUED

NAMI National Helpline

800-950-6264

TransLife Line

877-565-8860

Trevor Project

866-488-7386

Rainbow Youth Hotline

877-542-8984

Suicide Prevention Hotline

800-273-8255

CUAV Community and Domestic Violence

415-333-4357 (Multilingual)

National Domestic Violence Hotline (LGBT)

800-246-7743

WOMAN Inc.

415-864-4722 (24/7)

877-384-3578 (toll free - English & Spanish)

Service changes may have been affected due to COVID 19. Please call 2-1-1, or contact organizations by phone for service updates.

Last updated: 01-11-2021

Community Resources

LGBTQ+ RESOURCES



A starting point for finding supportive services through the West Michigan LGBTQ+ community.

SUPPORT CENTERS

2-1-1 Heart of West Michigan United Way

hwmuw.org/211

Live chat: hwmuw.org/211-live-chat

Dial 2-1-1

United Way's 2-1-1 connects people to thousands of services in Kent County. Whoever you are, whatever your needs, 2-1-1 makes it easy to find help for yourself, a neighbor, or a loved one. Please note that 2-1-1 is an information and referral service and does not provide direct services or financial assistance.

Grand Rapids Pride Center

grpride.org

Email: info@grpride.org

616-458-3511

Offers supportive services for the Grand Rapids LGBTQ community. Resources include a community-friendly business directory, support groups, education & training, and general information.

Milton E. Ford LGBT Resource Center

gvsu.edu/lgbtrc

616-331-2530

Email: lgbtcenter@gvsu.edu

Collaborates with Grand Valley State University and nearby communities to promote equality and engage people of all identities and orientations. Sponsors trainings, workshops, open houses, student support groups, and more

Out On The Lakeshore

451 Columbia Ave Suit C, Holland || 616-994-8090

outonthelakeshore.org

Local LGBTQ support center for the general Holland area. Provides ongoing programs and a safe location for community members.

GIFT

207 Fulton St E, Grand Rapids || 616-774-0446

giftgr.org

Faith-based organization that supports open dialogue between spiritual communities and the LGBTQ community. Provides program speakers, support groups, and pastoral counseling.

MENTAL HEALTH RESOURCES

Advanced Counseling & Therapy

2020 Raybrook Ave SE, Suit 305, Grand Rapids || 616-202-4444

advancedcounselingandtherapyservices.com

Clinicians are specialized to serve a wide variety of clients, including those of the LGBTQ community.

River City Psychological Services

1000 Monroe Ave NW, Grand Rapids || 616-259-7207

rivercitypsychological.com

Provides mental health therapy and counseling. Clinicians focus on life transitions, spirituality, relationships, and multicultural issues.

Thomas J. Fox, LMSW, CAADC Arbor Circle

1115 Ball Ave NE, Building C, Grand Rapids || 616-459-7215 ext 1375

outcarehealth.org/directory/provider/thomas-tj-fox-lmsw-caadc

Thomas "TJ" Fox is a counselor experienced with assisting LGBTQ individuals and at-risk youth. He also assists with letters for HRT, letters for gender affirming surgeries, and other aspects of transition. Accepts Medicaid.

LGBT Counseling Center of North Kent Guidance Services

616-361-5001

northkentguidance.com/lgbt.html

An association of health care professionals who provide counseling services to LGBTQ individuals. Offices in Grand Rapids and Greenville.

YOUTH RESOURCES

Grand Rapids HQ

320 State St SE, Grand Rapids || 616-451-2879

hqgr.org

Homeless and at-risk youth drop-in center. Offers case management, free showers, washing machines, and a kitchen.

Covenant House

50 Antoine St SW, Grand Rapids || 616-364-2000

covenanthouse.org/homeless-issues/lgbt-homeless-youth

Grand Rapids shelter that assists homeless, runaway, and trafficked youths, including individuals on the LGBTQ spectrum. Staff provide a trauma-informed, resilience-focused approach in order to provide a safe space for LGBTQ youth.

PHONE SUPPORT LINES

LGBT National Help Center

888-843-4564

LGBT National Youth Talk Line

800-246-7743