

SUN MON TUE WED THU FRI SAT


LOVE
MAXIMIZE LOVE
MANAGE STRESS


TALK
SING AND POINT


COUNT
GROUP AND COMPARE


PLAY
EXPLORE THROUGH
MOVEMENT AND PLAY


READ
AND DISCUSS STORIES

1
Make a wish for
your family in 2022.

2 Take a walk outside and look for birds. How many do you see?	3 Build a snowman. Dress it up to look like someone you love.	4 Talk about the animals that might be sleeping during winter. Where are they?	5 Count the number of shoes in your closet.	6 Make an indoor sensory box with cotton ball snow. Add scoops and tongs.	7 Read a poetry book. Which was your favorite poem?	8 Visit the library!
9 Cut strips of yarn into different lengths. Sort them into small, medium and large.	10 Draw a picture of your family. Who is the tallest? Who is the smallest?	11 Look around your living room. Talk about the smallest thing you see.	12 Look at the windows in your house. Which one is the longest?	13 Pretend it is summer. Get a towel out and read your book on the beach!	14 Read a book while using different voices.	15 Have a dance party.
16 Sing "The Wheels on the Bus."	17 Make a card and give it to someone special. Draw a picture of yourself to put in the card.	18 Pretend that you are a hungry creature. Talk about what you're going to eat.	19 Get some toys out to play with. Sort them by color.	20 Make a fruit pizza out of a piece of bread or tortilla. What can you put on it?	21 Tell one of your favorite stories, then read it. What could you remember?	22 Visit the library!
23 Play with play dough. Pretend you are making cookies for someone you love.	24 Make a warm drink to sip on while you read.	25 Sing "The Hokey Pokey."	26 Count to 10 in a loud voice, soft voice, high voice and low voice.	27 Ask a family member to help you make snowflakes out of paper.	28 Read one of your favorite books two times.	29 Build a tower out of things that aren't blocks.
30 Talk about feeling words: happy, sad, scared, lonely, mad, embarrassed.	31 Walk behind your family member in the snow. Make snow angels together.					