

SUN	MON	TUE	WED	THU	FRI	SAT
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LOVE
MAXIMIZE LOVE
MANAGE STRESS


TALK
SING AND POINT


COUNT
GROUP AND COMPARE


PLAY
EXPLORE THROUGH
MOVEMENT AND PLAY


READ
AND DISCUSS STORIES

1 Try something new together today!	2 Tell your family some things that you love about them.	3 Sing "Baa Baa Black Sheep." Sing it again quiet and loud.	4 Find shapes in the buildings and signs around you.	5 Pretend you are jumping in the puddles in the rain. SPLASH!	6 Read a book and talk about the parts of the book: cover, back, etc.	7 Visit the library!
8 Read your favorite book together.	9 Sing one of your favorite songs to a favorite person!	10 Write a list of all the things you like to do in the spring.	11 Go for a walk and count the flowers you see.	12 Make homemade shakers by filling plastic eggs with dried beans.	13 Use a paper lunch bag to make a puppet and tell a story.	14 Play classical music and have a dance party.
15 Draw a picture of what you see from a window in your house.	16 Make a list of your family members. How many are there?	17 Play music and move to the beat. Pause the music and freeze.	18 Find and name the letters you see at the grocery store as you shop.	19 Play color "I Spy" and find things of different colors in the room.	20 Draw pictures of your favorite foods and label them.	21 Visit the library!
22 Sprinkle sugar on a cookie sheet and write numbers in the sugar.	23 Talk about feeling words: happy, sad, scared, lonely, mad, embarrassed.	24 Play with play dough and talk about what you're making.	25 Count the beds in your house. Which one is the biggest? Which one is the smallest?	26 Make an indoor sandbox: oatmeal in a tub with scoops and shovels.	27 Help mom or dad write the shopping list.	28 Lay on your stomach and raise your arms and legs and pretend to fly!
29 Have a color themed lunch today.	30 Make up a song about what your family is doing this weekend.	31 What words rhyme with "cat"?				