September | Early Literacy











2025

| | | | MANAGE STRESS MOVEMENT AND PLAY | | | |
|---|--|--|---|--|------------------------------------|---|
| SUN | MON | TUE | WED | ТНИ | FRI | SAT |
| | Give your favorite stuffed animal a big hug. | 2 Sing "Old MacDonald" | When you are eating, count the plates on the table. | 4 Blow bubbles outside. | 5 Read a book in a silly voice. | 6 Visit the Library! Try a Vox or Wonderbook. |
| 7 Identify the letters in your child's name. | 8 Go for a walk together and look for flowers. | 9 Point to pictures as you read today. | 10 Count the doors at your house. | 11 Pretend to make a meal. What will you make? | 12 Re-read a favorite story. | 13 Visit the Library! Find a favorite movie. |
| 14 Play with rhymes: what rhymes with mop and top? | 15 Draw a picture to give to someone you love. | 16 At the playground, talk about words like up, down, over and around. | 17 Count how many big hops it takes to get across a room. | 18 Play hide and seek inside or outside. | 19 Read a book with animal sounds. | 20 Visit the Library! Check out the CORE picture books. |
| 21 Use a board book to teach how to turn book pages. | 22 Turn on a fun song and dance together. | 23 After reading today, ask, "What was your favorite part? | 2 4 Count how long you can stand on one foot. | 25 Make a tower with blocks. | 26 Read a book about fall. | 27 Visit the Library! See what you can find in the non-fiction section. |
| 28 Go for a walk but add in some jumping, hopping and skipping. | 29 Color a picture together. | 30 Spend time at a playground. | | | | |
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